



Summer Food Service Program

Let's work together to ensure our kids don't go hungry this summer

Although summer may seem a long way off, it is never too early to start thinking about what will happen to children once school is out and they no longer have access to the nutritious breakfast and lunch served during the school year. The Summer Food Service Program was created to ensure that children in low-income areas could continue to receive nutritious meals during long school vacations.



Benefits

Benefits of participating in the program include drawing children into supervised activities that are safe, fun and filled with learning opportunities; children benefit nutritionally by receiving complete, wholesome meals; and parents benefit from some help in stretching their food dollars.

Background

2014 is the sixth year of the Food Bank of Central and Eastern North Carolina's (FBCENC) sponsorship of the Summer Food Service Program (SFSP). We've sponsored close to 200 sites in the past two years and last year served over 136,000 meals to over 4,000 kids. We are excited this year to continue those partnerships and expand the program to increase both number of sites and number of children fed.

The program provides breakfast and lunch for children at sites throughout the community, such as schools, summer programs, parks, swimming pools, churches, apartment complexes and anywhere children congregate. The meals are nutritionally balanced according to USDA guidelines and are provided to the sites and children at no charge.

Feeding Sites

To qualify as a feeding site you must be located in a low-income area, where 50 percent or more of the children in the area are eligible for free or reduced-price school meals or must serve primarily low-income children, (i.e. at least half the children enrolled in the program must be eligible for free or reduced-price school meals.)

Along with providing recreational or enrichment activities at your site, you must:

- Attend a FBCENC sponsored training day
- Supervise all meal service and activities at your site
- Distribute meals per SFSP guidelines
- Keep daily records of meals served
- Store food appropriately including refrigeration and freezer space
- Keep your site clean and sanitary

FBCENC Sponsorship

The FBCENC seeks to partner with non-profit organizations or community based organizations throughout our 34 county service area. The FBCENC will provide breakfast and lunch and optional fresh fruit – which exceeds state nutritional requirements.

FBCENC meals consist of:

Breakfast: Milk, cereal, fruit drink, cookie/cracker

Lunch: Milk, turkey based sandwich, fruit or vegetable, cookie/cracker

Fresh fruit can be used to supplement breakfast and lunch or morning/afternoon snacks.

If you are interested in serving as a feeding site or would like additional information, please call 919-865-3055 or email nharris@foodbankcenc.org.