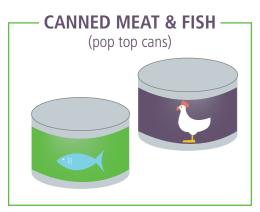
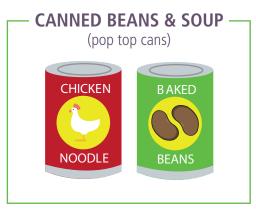
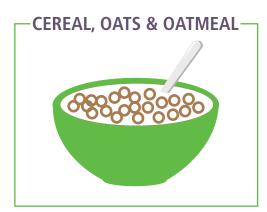
## FOOD BANK OF CENTRAL & EASTERN NORTH CAROLINA

## MOST NEEDED DISASTER RELIEF ITEMS







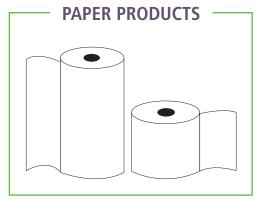












## **BEVERAGES**

Powdered Milk Instant Tea Coffee Cocoa Drink Mixes Juice

## OTHER FOODS

Dried Meats
Dried Fruits
Nuts, Seeds & Trail Mix
Granola & Protein Bars
Single serving meals that do not require refrigeration or cooking





POP TOP CANS & MICROWAVABLE CUPS PREFERRED LOW SODIUM • LOW TRANS FAT • SUGAR FREE • NO GLASS FOODBANKCENC.ORG