



CONVERSATION STARTERS

QUESTIONS

- How does being hungry make a person feel?
- What kind of setbacks could lead a person to be hungry?
- How could we help those who are hungry?
- Have you or anyone close to you ever been affected by hunger?

FACTS

- In the 34 counties served by the Food Bank of Central & Eastern North Carolina, more than 560,000 people are at risk of hunger.
- There are 191,307 children at risk of hunger in our service area.
- That's 1 in four children who are at risk for hunger in our 34 counties.
- 40% of the people at risk have had to choose between food and paying utilities.
- 33% of the people at risk have had to choose between food and rent/mortgage.
- 37% of the people at risk have had to choose between food and medicine.

